

GreenHouse

Naturopathic Medicine, LLC
Julia Greenspan, ND

What is Chelation?

Chelation therapy is an intravenous treatment using the synthetic amino acid “EDTA” (ethylene diamine tetra-acetic acid) to detoxify the body by bonding with the toxic metals in the body and carrying them away in the urine. EDTA has the ability to bond or “hook onto” atoms of calcium, lead, cadmium, mercury, arsenic, and others as well as some of the trace minerals. All of these we come in contact with on a daily basis.

For more than 40 years chelation has been used successfully for patients with vascular disease such as atherosclerosis as well as heavy metal poisoning. The FDA has approved chelation as the only treatment for lead poisoning.

Improving circulation by the removal of accumulated build-up (plaques) the damage the vascular system throughout the body is a primary benefit for patients with heart disease (atherosclerosis), diabetes, and other circulatory diseases. During and following chelation therapy plaques are dissolved very slowly and the blood flow from arteries all the way to the smallest capillaries is improved throughout the body.

The removal of non-beneficial heavy metals will free up a burden on the body which has been hindering proper functioning of the immune, endocrine (hormone), and neurological system. These systems are a prime target for heavy metals due to their high affinity for fatty material (myelin sheath of nerves), soft tissue of the organs (kidneys, liver), and receptors of the endocrine system that respond to hormone messages. Disruption of these key systems can cause auto-immune reactions, musculoskeletal pain, fatigue/weakness, anxiety/depression,

In addition to EDTA, patients receive vitamins and minerals in the IV solutions that are essential to good health. Patients are expected to follow a basic program of non-smoking, diet, and exercise as well as vitamin and mineral supplementation. The doctor will discuss the importance of these issues with you during your treatments. All therapy protocols are according to the American College for the Advancement of Medicine (ACAM).

How Many Treatments Should I Have?

The ACAM recommended initial series for most patients is 30 treatments for maximum benefits; however treatment recommendations will be made on an individual basis by the doctor. Some patients chose more than 30 treatments to achieve maximum improvement in their blood flow. These treatments are once per weeks, up to 3 times per week depending on the severity of symptoms. Maintenance treatments are recommended at one or two month intervals to maintain improved circulation. There are virtually no dangerous side effects from this treatment, although some experience a brief period of fatigue after the treatment.

What are the Results of Chelation?

The results are as varied as patients' conditions, but improvement is usually achieved. Chest pain may be lessened, blood pressure lowered, memory improved, transient ischemic attacks stopped, leg pain relieved, cold extremities warmed up and increased work tolerance.

Julia Greenspan, ND

Dr. Greenspan, founder of GreeNHouse Naturopathic Medicine and licensed Naturopathic Doctor, received her degree from the National College of Naturopathic Medicine and a B.S. from Portland State University in Portland, Oregon with a focus in psychology. She worked in social work for many years in crisis management and victim assistance before returning to school to earn her doctorate.

Dr. Greenspan has a strong interest in women's health, environmental medicine including intravenous therapy and chelation, as well as general family practice. Her focus is in the management of acute and chronic disease including but not limited to auto-immune, endocrine (menopause support, PMS, thyroid imbalance), digestive, and metabolic disorders in people of all ages. Her goal is to focus on the cause and find solutions that are individualized.

*"Our minds and bodies are continually stressed by our environment. We have not evolved as fast as industry is modifying our foods or introducing new chemicals. Progress shows no sign of slowing down. Solutions must be found in the choices we make with what we put in our bodies, the chemicals that we bring into the home and how we deal with stress. I want to be a part of creating change to better your life using **naturopathic principles** and **treatments** to help that happen. I strive to remove obstacles from the immune, neurological and endocrine systems to help your body move through your environment with ease."*

Dr. Julia Greenspan