



Tick Borne Disease Checklist

Curious if your symptoms are due to a tick borne illness? Please take a moment to fill out the form below. If you see more check marks than expected, give us a call at (603) 465-2895.

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| <input type="checkbox"/> Frequent headaches, especially behind the eyes, or in forehead | <input type="checkbox"/> Swollen glands |
| <input type="checkbox"/> Ringing in the ears | <input type="checkbox"/> Neuralgia (burning, numbness, tingling) |
| <input type="checkbox"/> Sensitivity to light, sound, smell | <input type="checkbox"/> Tremor in the hand |
| <input type="checkbox"/> Joint pain (isolated in one joint or moving around) | <input type="checkbox"/> Vertigo, dizziness |
| <input type="checkbox"/> Frequent sore throats | <input type="checkbox"/> Twitching of limbs or face |
| <input type="checkbox"/> Muscle pain or weakness | <input type="checkbox"/> Numbness or palsey in the face |
| <input type="checkbox"/> Pain in the bottom of your feet | <input type="checkbox"/> Anxiety, depression, anger |
| <input type="checkbox"/> Chronic fatigue | <input type="checkbox"/> Strange chest pain (no abnormalities with Cardiovascular work-up) |
| <input type="checkbox"/> Sleeping to much or too little, not rested | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Fevers, chronic. Can be low or high | <input type="checkbox"/> Strange rashes that come and go (look like stretch marks) |
| <input type="checkbox"/> Sweats at night or during the day without excessive activity | <input type="checkbox"/> Heartburn that persists with treatment |
| <input type="checkbox"/> Symptoms happening every four weeks to every four months | <input type="checkbox"/> Chronic pain in back |
| <input type="checkbox"/> Low grade fevers | <input type="checkbox"/> Chronic pain universal, explained as bone pain |
| <input type="checkbox"/> Symptoms pertaining to the eyes, pressure, pain, changes in vision | <input type="checkbox"/> Short term memory loss |
| | <input type="checkbox"/> Foggy brain |
| | <input type="checkbox"/> Nausea, appetite change |

Julia Greenspan, ND is a licensed Naturopathic Doctor and founder of Greenhouse Naturopathic Medicine health clinic, located at 18 Ash Street in Hollis, New Hampshire. Her focus is in family medicine, women's health, infectious disease, gastroenterology, and endocrinology. She also serves on the Board of Naturopathic Examiners for the State of New Hampshire. For more information please contact (603) 465-2895 or greenhousemedicine.com.